Foundation for Equal Citizenship

Quarterly Impact Newsletter

July-September 2026 (Q3)



A Message from the Founder



Yasmeen Fatimah

This quarter, Foundation for Equal Citizenship continued its commitment to building inclusive communities through education, health, social protection and community-led development in our newly adopted rural communities in Nuh, Mewat as well as urban slums of Delhi.

From supporting children's learning and adolescent well-being to helping families access essential services, our focus remains on dignity, opportunity and equal citizenship .

We are grateful to our partners, supporters and communities whose trust and participation make this work possible. As we look ahead, we remain committed to expanding our programmes, strengthening partnerships and creating lasting impact.

Together, we can build a more inclusive future for all.

Yasmeen Fatimah
Founder, Foundation for Equal Citizenship

Q3 at a Glance

774
Beneficiaries Reached

554
Children Supported

94
Community Interventions

Program Highlights

Project Roshni
School Access & Documentation Support



436
Total Admissions
377 Children aged 6-14

- **377** Children Aged 6-14
- **229** Aadhaar Cards (ID Card)
- **190** Savings Account Registrations
- **40** Birth Certificates

Kadam Centre
Academic Support & Child Development



108
Children enrolled

90 Average Attendance

Project Buniyaad
Health, Development & Wellbeing



36
Sessions delivered

- **12** Adolescent Girls Sessions
- **12** Early Childhood Development Sessions
- **12** Nutrition & Cooking Sessions

Project Saheli
Menstrual Health & WASH



774
Beneficiaries reached

- **09** Menstrual Health Sessions
- **03** WASH Sessions
- **624** Bamboo Sanitary Pads Distributed
- **135** WASH Awareness + Soap Distribution

Project Pehchaan
Access to Rights & Social Protection



458
Scheme registrations
Across 9 government schemes

248 Awareness camp participants

Key Areas of Work:

- **Education & Learning**
- **Women's Empowerment**
- **Health & Hygiene**
- **Social Protection & Inclusion**
- **Community Development**

FEATURED IMPACT STORY
Rights & Social Benefits

Project Pehchaan:

Beyond Documents — Helping People Access Their Rights

Every document tells a story. Every connection opens a door.

For families like Md Ramzani and Samina Khatoon accessing essential documents can be an important step towards securing identity, accessing public services and claiming eligible social protection benefits.

Through Project Pehchaan, FFEC India works alongside community members to help them navigate documentation requirements, understand government schemes and complete registration processes. From Aadhaar and bank account access to health coverage and other welfare entitlements, the programme helps people navigate systems that can otherwise feel difficult to access.

By combining community outreach, registration support and follow-up, Project Pehchaan aims to make essential services more accessible and help families take informed steps towards securing their rights.

Q3 Impact at a Glance

458
Registrations across nine government schemes.

248
Awareness camp participants during the quarter.

54.1%
Awareness & community outreach, as reported in the Q3 programme report.

The Human Impact

Behind every registration is a person, a family and a need for greater access to essential services. Through Project Pehchaan, FFEC continues to support community members as they navigate documentation and social protection systems.



"Access to documents is more than paperwork. It is a step towards accessing essential services, opportunities and rights."

Aadhaar (ID Card) Support

Bank Account Linkage

Health Coverage (ABHA/Eshram)

Other Welfare Schemes

COMMUNITY DEVELOPMENT SPECIAL FEATURE I NUH, HARYANA

Scaling Community

Mewat, Haryana: Advancing Water, Health and Education

In Akeda and Gohana villages of Nuh, Haryana, FFEC, in collaboration with Sir Syed Trust, is working to improve community health, education, water and sanitation through local participation and leadership.



During July–September 2026, two remedial learning centres, Udaan and Nayi Pahal, provided additional learning support in reading, writing and mathematics. School-based menstrual health awareness sessions were accompanied by sanitary pad distribution, while community sessions and awareness rallies promoted safe drinking water, handwashing, sanitation, cleanliness and water conservation.

The programme also strengthened grassroots leadership through Jal Sakhis, women's Self-Help Groups and adolescent girls' groups, creating opportunities to discuss health, education and life skills. Alongside these efforts, Digital Sakhis supported families in navigating government welfare schemes, while school infrastructure improvements focused on essential WASH facilities, including toilets, drinking water and handwashing provisions.

Together, these interventions are helping strengthen local ownership, improve access to essential services and build healthier, more informed communities. Akeda and Gohana continue to progress towards becoming community-led WASH model villages.

Q3 at a Glance

275	43	311	02
SHG members	Families supported	Sanitary pads distributed	Learning centres

COMMUNITY INITIATIVES & FIELD HIGHLIGHTS

Connecting Communities Through Awareness and Participation

Across July–September 2026, FFEC India continued engaging with children, families and community members through educational activities, awareness sessions, documentation support and community outreach. These field highlights capture moments of participation, learning and collaboration across the quarter.

Selected Q3 Highlights



01 | Access to Identity & Social Protection



02 | Health, Hygiene & Civic Awareness



03 | Celebrating Language & Learning



04 | Learning Beyond the Classroom



05 | Community Outreach & Participation

EDUCATION & LEARNING INITIATIVES

Building Pathways to Learning and Holistic Development

During July–September 2026, FFEC India continued to strengthen access to education, foundational learning and holistic development through school outreach, classroom activities and skills-based learning. Across its education initiatives, the focus remained on creating supportive learning environments and helping children and young people build the knowledge, confidence and skills they need to grow.

ROSHNI

Access to Education

Project Roshni continued to support school admissions, community outreach and access to essential documentation, helping families navigate barriers to formal education.

Q3 Highlights

- 1,272 reported admissions across July–September.
- 1,105 reported admissions for children aged 6–14.
- September outreach recorded 229 Aadhaar cards, 190 Savings Account/Sukanya registrations and 40 birth certificates.

KADAM

Foundational Learning, Digital Skills & Child Development

Kadam Learning Centre continued to provide academic support, subject revision, examination preparation and interactive learning activities. Alongside classroom learning, the centre promoted digital literacy, communication and practical skills to support children's development and prepare learners for future opportunities.

Student celebrations and engagement activities created opportunities for children to participate, express themselves and build confidence. Teacher capacity-building also supported child-friendly teaching practices.

Q3 Highlights

- 108 students enrolled at the centre in September.
- Approximately 90 students attending on average.
- 53 students participated in Teachers' Day activities at the centre.
- 77 students participated in Hindi Diwas celebrations at the centre.
- 98 students attended a health and hygiene awareness session at MCD Primary School.

Learning Focus

- Foundational learning and academic support.
- Digital literacy and computer skills.
- Spoken English and communication.
- Creativity, confidence and child development.

RAAH

Life Skills Education

RAAH focuses on helping young people develop the confidence and practical skills needed to navigate everyday challenges, build positive relationships and make informed decisions.

Project RAAH continued to empower children aged 10–14 with essential life skills through participatory learning and interactive activities. Sessions focused on communication, confidence, emotional well-being, decision-making, leadership, teamwork, personal hygiene, and gender sensitivity, fostering self-awareness, problem-solving, personal safety, and respectful relationships.

A two-day Training of Trainers (ToT) on 3–4 July strengthened facilitators' capacity to deliver engaging and effective life-skills sessions.

Key Highlights

- 633 children reached — 550 girls and 83 boys.
- 6 life-skills sessions conducted.
- 12 facilitators trained through a two-day ToT.
- Core themes: Communication, confidence, emotional well-being, decision-making, leadership, health, hygiene, and gender sensitivity.

NUTRITION & HEALTH

Project Buniyaad:

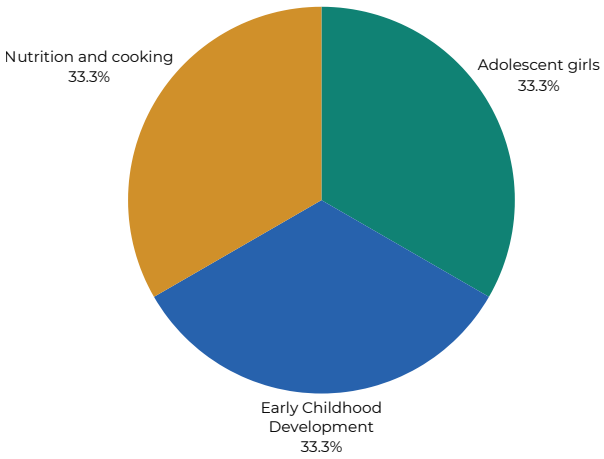
Supporting Child Development, Nutrition & Wellbeing

During July–September 2026, Project Buniyaad continued to promote adolescent wellbeing, early childhood development and nutrition awareness through interactive sessions and practical learning activities. The programme encouraged healthy habits, strengthened life skills and introduced caregivers to simple, affordable ways to support children's development at home.

Q3 at a Glance

36	12	12	12
Total sessions conducted	Adolescent girls' development sessions	Early Childhood Development (ECD) sessions	Nutrition and cooking sessions





Key Developments

Adolescent Wellbeing

Twelve sessions focused on communication, confidence, personal hygiene, time management, healthy relationships, self-respect and financial independence. Interactive activities encouraged participation and helped adolescents develop practical skills for everyday life.

Early Childhood Development

Twelve play-based sessions supported sensory exploration, fine-motor coordination, language development and early learning. Simple, low-cost activities also demonstrated ways caregivers can encourage children's development at home.

Nutrition & Caregiver Engagement

Twelve nutrition and cooking sessions promoted healthy food choices, nutrition awareness and affordable recipes through practical activities and educational videos.

Programme Highlight

Buniyaad delivered 36 sessions across three programme areas, with an equal distribution between adolescent development, early childhood development, and nutrition and cooking.

Project Saheli

Promoting Menstrual Health, Hygiene & Dignity

During July–September 2026, Project Saheli continued to promote menstrual health awareness, informed self-care and healthy hygiene practices among girls and women. Awareness sessions encouraged open conversations about menstruation, addressed common myths and helped participants understand menstrual care, period pain and when to seek medical advice.

The programme also promoted bamboo sanitary pads as an alternative menstrual product and strengthened awareness of water, sanitation and hygiene (WASH).

Q3 at a Glance

09	03	650	624	135
Menstrual health awareness sessions	WASH awareness sessions	Reported reach through menstrual hygiene awareness	Reported reach through bamboo sanitary pad distribution	Reported reach through WASH and soap awareness

From Awareness to Informed Choices

Through interactive activities, including the “Pehchano Mujhe, Main Kaun Hoon?” session, participants explored menstrual hygiene, personal cleanliness, safe self-care practices and the importance of seeking appropriate medical advice when needed.



Bamboo sanitary pad distribution complemented awareness activities, while WASH sessions highlighted handwashing, cleanliness and everyday hygiene practices.

LOOKING AHEAD & ACKNOWLEDGEMENTS

Looking Ahead

As FFEC India moves into the next quarter, the focus remains on building upon the progress made across education, health, community wellbeing and social inclusion.

Priorities include strengthening access to essential documentation and social protection, supporting children's learning and development, encouraging informed health and hygiene practices, and continuing community-based engagement. Sustained follow-up, programme monitoring and collaboration with local stakeholders will remain important to addressing emerging needs and strengthening outcomes.

With Gratitude

Every milestone reflects the commitment and collaboration of many people.

FFEC India extends its sincere appreciation to its field teams, community volunteers, donors, development partners, government stakeholders and, most importantly, the individuals and families who participate in and shape its programmes.

Their trust, time and continued engagement make this work possible.

THANK YOU

Together, We Move Forward

Every milestone reflects the collective efforts of communities, programme teams, volunteers and partners working towards lasting change.

Together, we continue to create opportunities, strengthen access to essential services and support individuals and families in building more secure and fulfilling futures.

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