

Impact Report | January – March 2026

Turning Promises into Presence

At the beginning of this year, we made a few quiet promises, to show up where it matters, and to stay long enough to make a difference.

This quarter, those promises started taking shape.



Welcoming Mewat (Nuh Region)

Our New Centre

This quarter marks the beginning of our work in Mewat, with the setup of our new centre across two villages in Nuh.

This isn't just an expansion for us.. It's the start of a long-term presence.

A space where we can continue to show up, listen, and work alongside the community.

Our early work has begun through WASH (Water, Sanitation, and Hygiene) interventions under Project Buniyaad, starting with cleanliness drives, awareness sessions, and conversations with families.

What we are building here is not just programs, but trust.

And even in these early days, that trust is beginning to take shape.

As one community member shared:

"If this continues, it will really make a difference for us."

We intend to make sure it does.





Digital Centre in Trilokpuri

This quarter, we also set up a digital centre in Trilokpuri.

Right now, it's a simple, quiet space but one filled with potential.

In the coming months, this centre will become a place where young people can build digital skills, gain confidence, and access new opportunities.

We will be launching job-oriented digital literacy and skill building sessions in early Q2.

Because sometimes, access is where change begins.

A Quarter of Small but Real Shifts

Not all change is loud.

Sometimes, it looks like a woman asking a question she never asked before.

A girl speaking with a little more confidence.

A child raising their hand without hesitation.

Across our programs, we're seeing these shifts everyday.

- Women and adolescent girls stepping into safer, more supportive spaces.
- Children learning more consistently and starting to believe they can.
- Growing awareness around health, nutrition, and emotional well-being.
- Stronger community participation.
- A steady rise in confidence and self-belief.



BUNIYAAD - Women's Centre

Buniyaad continues to grow into a space where women feel safe, heard, and supported.

Key Highlights

Cancer Awareness Session

We created a space for 56 women, adolescent girls, and pregnant women to come together, ask questions, and talk openly about health.



Adolescent Girls Program

Over the past three months, girls have come together regularly not just to learn, but to reflect, share, and grow in confidence.





Nutrition & Cooking Sessions

Simple, practical sessions that translated into small but real changes at home with healthier meals using accessible ingredients.

Community Iftar

A moment of togetherness that strengthened relationships and build a stronger sense of belonging.



Program Strengthening

With stronger leadership and structure, the programme is becoming more consistent and focused on long-term impact.

What's Changing

- Women are making more informed decisions about health and childcare.
- Households are adopting better nutrition practices.
- Confidence is growing both in voice and actions.
- Girls are expressing themselves more openly.
- Communities are becoming more connected.

Voices from the Community

"Earlier, I did not have much confidence in myself. Now I feel like I can achieve my goals." - Alama

"These sessions have helped me find my voices." - Tamanna





KADAM Learning Centre

Key Highlights

Exam Preparation Support

Children approached their exams with more clarity and confidence.

Reading Improvement Initiative

Regular reading sessions are helping children build fluency and ease.

Celebrations & Engagement

Moments of joy that make the learning space more inclusive and motivating.

Katha Workshop (Stress Management)

Children spoke about their fears and learned simple ways to manage stress.

What's Changing

- Stronger foundational learning.
- Improved reading and comprehension.
- Reduced exam anxiety.
- Increase classroom participation.
- Better emotional well-being.
- A stronger sense of belonging.

Project Pehchan

Strengthening Access

This quarter, our work in Trilokpuri and Sanjay Colony focused on improving access to social protection and building stronger community connections.

Through ongoing baseline surveys, we are gaining a deeper understanding of everyday needs and gaps. Over 200 individuals have already been identified and supported in connecting with government schemes..a small but important step towards stability and dignity.

Awareness sessions in Anganwadi centres created space for conversations with parents, helping make information more accessible and easier to act on. At the same time, partnerships with 10+ centres and capacity-building with Yuva Leaders have helped strengthen our on-ground presence.

We also engaged with the Social Welfare Department to facilitate pension access and are coordinating with local authorities to organise an Aadhaar camp in Sanjay Colony.

The work is steady and ongoing focused on ensuring that access reaches those who need it most.





Raah Session

The Raah session, conducted by **Samina Mishra** over two days, engaged 28 children aged 9-14 in a deeply interactive experience, drawing inspiration from Samina Mishra's approach to creative learning. The sessions encouraged children to observe their surroundings more thoughtfully, introduced them to concepts like personification, and guided them in expressing everyday experiences through simple rhymes. Through fun and engaging activities, the initiative successfully nurtured imagination, self-expression, and confidence among the participants.

Impact Story

Alina Faiyaz, 14

When Alina first came to Kadam, she was unsure of herself and struggling.. especially because she couldn't read English.

With time, support, and consistent encouragement, things began to shift.

Slowly, but meaningfully.

Today, she reads English with confidence, participates more actively, and feels more hopeful about her future.

In her words:

"Earlier, I was very shy and weak in studies. Now I can read English and feel more confident. I want to study well and support my family."

Closing Note

This quarter wasn't about big, visible transformations.

It was about quieter shifts.

A woman making a more informed choice.

A girl finding her voice.

A child no longer afraid to learn.

These are the moments that build stronger communities over time.

And we remain committed to showing up for all of them.

January - March 2026

This Quarter at a Glance

Not all change is loud. But it is measurable.

300+

Individuals reached

Education & Skills

150+

Children supported through learning programs

New centre launched in Trilokpuri

Health & Nutrition

120+

Women & adolescent girls engaged

New centre launched in Mewat

Rights & Social Benefits

25+

Community sessions conducted

Each number represents a step forward .. steady, intentional, and rooted in the community.